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Designing effective AAC systems for young children with complex communication needs

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RERC on AAC

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What do we know?

- Growing body of research that demonstrates that AAC intervention can have a positive effect on communication of individuals with CCN
 - Turn taking /participation
 - Requesting/ commenting
 - Receptive & expressive vocabulary
 - Length & complexity of messages
 - Phonological awareness /reading & writing skills
 - Challenging behavior, etc.
- These benefits are realized at no risk to speech development

Development of communication, language & literacy skills

- During the first 5 years of life, typically developing children demonstrate remarkable growth
 - from birth when they are
 - preintentional & presymbolic
 - to the start of school years when they are able to
 - express a wide range of intents
 - understand & express thousands of vocabulary concepts
 - generate complex sentences to communicate ideas
 - tell stories, provide explanations, & develop persuasive arguments
 - acquire conventional literacy skills to read & write

Language and communication outcomes for children with CCN

- Despite this potential, most children with CCN
 - Experience significant limitations in their communicative competence
 - Demonstrate limitations in pragmatic, semantic, syntactic, & morphological knowledge & skills
 - Enter adulthood without functional literacy skills
- But it does NOT have to be this way

Challenges of AAC intervention

- There is nothing easy about current AAC intervention

 AAC systems are difficult to
 - learn & time consuming to programAAC intervention requires
 - partners to change behaviors that are long established
- Need to reduce the demands
 - AAC systems/ technologies that are easy to program/ use
 - Intervention strategies that are easy to learn & implement in daily life

How can we improve AAC intervention to maximize outcomes for young children with complex communication needs?



Require evidence-based AAC intervention

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- Intervention with the child with complex communication needs
 - Effective developmentally appropriate AAC systems
 - Instruction in linguistic, operational, social, and strategic skills to develop communicative competence
- · Intervention with primary partners
 - Ensure opportunities for communication
 - Ensure appropriate supports for effective communication

Lack of attention to the design of AAC systems/ technologies

- To date, we have given only limited attention to the design of AAC systems for children
 - Even with the advent of mobile technologies /apps
- Lack of attention to the design of AAC systems/apps for children with CCN is ironic
 - This component of intervention substantially affects performance AND
 - It is the intervention component that is most easily amenable to change

Goals of the presentation

- To reflect on traditional approaches to AAC systems
- To suggest a new approach to AAC system design driven by children's needs & skills
- To share shapshots of research studies that may inform us about the design of more effective AAC systems for young children
- To consider directions for future research & development to improve the design of AAC systems for young children

Designing effective AAC interventions for young children

- In order to be optimally effective, AAC interventions should be driven by
 - Child's needs and skills
- But is this what we actually do?
 - Let's consider current AAC systems/ apps



Why do we design AAC systems for children in the way we typically do?

- Typically designed by nondisabled European American adults
 - Reflect perspectives of the developers
- Children with CCN have different perspectives
 - Age/ developmental status
 - Culture/ ethnicity
 - Disability status





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Putting children first

- Propose a new approach to designing AAC systems
 - Puts children first
 - Starts with young children's needs and skills to drive the design
 - Results in AAC systems that are
 - Developmentally appropriate
 - Dynamic
 - Easy to learn and use
 - Appealing



- Rely on event schema to support communication

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- Develop displaced "talk" later
- Develop metalinguistic skills much later

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What do we know about language development?

- Children's language systems
 - Differ significantly from those of adults
 - Change significantly over time as they develop
- At each stage of language development, children demonstrate
 - Quantitative differences
 - Qualitative differences
- We need to design AAC systems
 - To fit children's needs & skills at each stage
 - To accommodate developmental changes seamlessly

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 Provide strong
contextual support
 Support vocabulary
explosion/ early
semantic relations
 Support acquisition
of syntax &
morphology/
abstract language







How do we map the internal developing language system of children with CCN to the external AAC system/app?

How do young children represent language concepts?

- Research questions (Light, Worah, Bowker, Drager, Burki, D'Silva, Kristiansen, Jones, & Hammer, 2012)
 - How do young children from different cultural backgrounds represent early emerging abstract language concepts graphically?
 - How do the children's graphic representations compare to those of existing AAC symbol sets?
 - Do young children understand traditional AAC symbols?

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How do young children represent language concepts?

- Participants
 - 50 typically developing children; ages 3-6 years
 - 5 different cultural groups
 - African American; Hispanic; European American; Immigrants from India; Norwegian
- 10 early emerging language concepts
 - all gone, big, come, eat, more, open, up, want, what, who
- Two tasks
 - Asked to draw concepts & describe their drawings
 - Shown PCS for concepts & asked to name PCS











How do children's representations differ from traditional AAC symbols?

- Reflect different underlying conceptualizations
- Include depictions of entire scenes or events
 - Concepts are embedded in context
 - Scenes include familiar people and events
- Seldom include parts of objects or people

 Parts require inference of the complete object/ person & intent
- Do not include emblems or arbitrary symbols - E.g., arrows, movement lines, punctuation

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Implications for representing language concepts

- Young children do **not** initially understand most traditional AAC symbols
- Lack of transparency of AAC symbols
 - Adds additional cognitive demands
 - Learn language concept
 - AND learn representation /symbol
 There is no inherent value in learning this symbol
- Additional learning demands slow down rate of language learning

How should we **represent**, organize, & layout displays for young children with CCN?

How do we maximize understanding and use of language via AAC?

Traditional AAC displays

Traditional grid layout

- Each language concept is represented by separate AAC symbols in "boxes" organized in rows & columns
- Language is taken out of context; understanding relies on semantic memory
- Each representation must be processed separately, understood, & then integrated



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Alternative approach to AAC displays Visual scene displays VSD for "playing telephone"

Visual scene display (VSD)

- Vocabulary embedded under "hot spots" in integrated visual scene
- Language is presented in meaningful context
- Scene is processed as an integrated unit
- Meaning is derived from the entire scene



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Research on layout of AAC displays

- Series of studies to investigate the effects of different layouts
 - Grid displays
 - Visual scene displays
- · Investigate performance of children across various developmental stages
 - Infants (9-12 months old)
 - Toddlers (2 & 3 years old)
 - Preschoolers (4 & 5 year olds)





Infants looked first & . longest at photo VSD compared to PCS Mean length of viewing, VSD vs grid grid Infants at "first ٠ words" stage

VSDs

demonstrated strong preference for photo PCS grid VSD





What does research tell us?

 Toddlers were more accurate locating vocabulary using VSDs than grid displays (Drager, Light, et al., 2003)



 It was not until children were 4 & 5 years old that they were able to locate vocabulary with similar accuracy using VSDs or grid displays (Light, et al., 2004)



Implications for designing AAC displays for children with CCN

- VSDs may be better suited than grid displays for
 - Infants
 - Toddlers
 - Younger preschoolers
 - Older beginning communicators with severe disabilities
 - Compared to traditional grid displays, VSDs may
 - Attract more visual attention
 - Result in more accurate performance
 - Support more rapid lexical development /learning
- VSDs are not appropriate for everyone
 - Older preschoolers /school age children require access to traditional orthography
 - to support more advanced language & literacy development

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What does research tell us?

- 4 & 5 year olds performed much more accurately with VSDs or grids than with iconic encoding/ Minspeak (Light, et al., 2004)
- With appropriate intervention, 4-5 year olds with CCN can acquire basic literacy skills
- Require systems with access to traditional orthography (Light & McNaughton, 2009)





Why do VSDs enhance the performance of young children?

- Capture contexts in which young children learn language & communication skills
 - Provide visual supports for language learning & use
- · Replicate events experienced by the children
 - Support access to language concepts via episodic memory; do not require semantic memory
- Are processed as a whole rather than individual units
 - Reduce working memory demands compared to grids

Why do VSDs enhance performance of young children?

 Preserve the conceptual & spatial relationships between people & objects as in the real world



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- Preserve proportional size, location, & function
- Provide greater support for comprehension & use



What elements should be included in VSDs for young children with CCN?

How can we design VSDs to maximize communication & language development?





Differences in the design of VSDs for young children

- These VSDs differ significantly
 - Presence /absence of humans engaged in social interaction
 - People are a fundamental component of children's early communication experiences

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- Type of image
 - Photos or line drawings
- Personalization of the scene
 - Personalized or nonpersonalized



Effects of people in VSDs (Wilkinson & Light, 2011; Wilkinson & Light, 2014) Question • What is the effect of people in visual scenes on visual processing? • Children with TD, ASD, DS, IDD - Procedures • Presented photos representing visual scenes • Used eye tracking research technology to measure where participants looked, when, and for how long 50

Results & Implications for design of effective VSDs

- People in VSDs attracted visual attention within the first 1-1.5s of viewing
 - Results were robust across children with TD, DS, ASD, IDD
- People within VSDs attract much more visual attention than other elements
 - Despite the presence of multiple competing elements in the scene
 - Elements that are large, bright, and/or colorful
 - Even when the people are very small
 - Occupy only 2-5% of the VSD

Results & implications for design of effective VSDs

- Participants look first & longest at people in VSDs, but they also fixate on other elements in VSDs
 - Especially other animate figures
 - E.g., animals
 - Also more prominent, centrally located, meaningful items
 E.g., Christmas tree, objects with which humans are engaged
 - Viewers typically ignore static non-meaningful background elements
 - E.g., floor, curtains, furniture
 - Key elements of scenes are used to support processing & understanding of scene

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Implications for the design of effective VSDs for young children

- VSDs that include people
 - Capture the human /social elements that are central to communication development
 - These are the contexts in which language learning occurs
 - Exploit children's innate visual attention to people
- VSDs of empty rooms with no people or stick figures may
 - Fail to capture or focus visual attention
 - Fail to capture the social elements that are integral to communication development

Constraints of static photo visual scene displays

- Unmet need
 - Young children with CCN benefit from VSDs to support communication
 - Current AAC apps are limited to static photo VSDs; fail to capture dynamic events
 - Video offers potential to capture dynamic events but current AAC technologies only support passive video viewing





Developing technologies with video visual scene displays

- Engineering solution
 - Capture video of daily routines
 - Via built in cameras & wireless import
 - Allow pause of video
 - Create VSDs at these junctures
 - Create hotspots with speech output
 - Initial prototype developed by InvoTek
 - Evaluation studies in progress (stay tuned)



How should we design AAC systems to support **navigation** by young children with CCN?

Alternative designs to facilitate navigation

Use thumbnails of VSDs for navigation menu

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- Explicate link to display
- ٠ Include navigation menu on display
- Limit memory demands Animate transition from menu to main communication display upon selection

young children initially Do not hold back language

development

navigation

- Support conceptual model of • Model /scaffold navigation for

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Investigating visual cognitive processing demands of navigation layouts (Wilkinson, Light, O'Neill, in progress)

3 studies with children with CCN

- Procedures
 - Free viewing of VSDs
 - Determine elements of displays that capture visual attention
 - Cued viewing
 - Location of target VSD for navigation
- Stay tuned for results



Eye tracking data during cued viewing for participant with Down

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How should we design displays to support **selection** by young children with CCN?

How can we reduce processing demands and maximize accuracy & efficiency?

Traditional approaches to displays: Implications for selection

 Traditionally AAC displays for young children have utilized horizontal rows of symbols or simple grids



 What is the effect of these layouts on selection accuracy and efficiency?



Effects of target layout on accuracy & efficiency of selection (Costigan, Light & Newell, 2012)

- Participants
 - 3 year olds & 4 year olds with typical development
- Procedures
 - Required to select targets of various sizes with mouse
 - Horizontal trajectory from start
 - Vertical trajectory
 - Diagonal trajectory
 - Measured accuracy & efficiency of selection

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Implications for designing AAC systems

- Consider vertical layouts of targets at midline for young children and beginning communicators
 - Offering choices
 - Designing early AAC displays





Output of AAC systems

- Adults typically utilize "motherese" in their interactions with young children
- · Child-directed talk
 - Exaggerated intonation
 - Shorter, simpler words & syntax
 - Sound effects
- Benefits of child-directed talk in typical development

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- Captures attention of infants & toddlers
 Prefer child-directed talk
- Conveys positive affect
- Facilitates language learning

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Utilize child-directed speech output

- Reasonable to propose child-directed speech output in AAC systems might have similar benefits for young children with CCN
 - Increase appeal of AAC
 - Capture attention to AAC
 - Support understanding
 - Facilitate language learning
 - Vocabulary
 - Syntax
- Limited research on the effects of child-directed speech as AAC output
 - Part of package AAC intervention that demonstrates positive effects/ difficult to tease out specific effects (Light, et al., 2016)
 - Preliminary evidence suggesting sound effects may facilitate learning of AAC symbols (Harmon, Schlosser, et al., 2014)

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Challenges for children who use AAC

- Young children who rely on AAC face substantial challenges in their vocabulary development
- 2 approaches
 - Customized dynamic display systems
 - Systems with preset "core vocabulary"

Traditional AAC intervention may limit children's vocabulary development

- "Core vocabulary" is not developmentally appropriate for young children at the early stages of language development
 - Does not include high interest, salient, personalized concepts
 - Does not support meaningful communication for a range of functions
 - Includes an abundance of structural words
 These emerge later in development
 - Is not responsive to child's needs & interests
 Is teacher/ SLP-directed rather than child responsive
 - Instruction is displaced from meaningful context
 Relies on semantic memory not episodic experiences

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Traditional AAC intervention may limit children's vocabulary development

- AAC technologies are often difficult for young children to learn & use
 - Children's rate of language learning is slowed by the operational demands
 - Children are not actively involved in vocabulary selection/ programming because of the complexity
- Programming new vocabulary adds demands to families & professionals who are already juggling many responsibilities
 - Children's language learning is limited if new vocabulary is not added regularly
 - Families & professionals cannot capitalize on teachable moments during daily interactions

Potential benefits of "just in time" programming

- JIT programming of new vocabulary occurs on the fly within daily interactions in response to child's needs & interests
- Any AAC technology could be used "just-in-time"
 - Provided it is simple & easy to program
- JIT programming
 - Significantly reduces time demands for partners
 - Increases partner responsivity
 - Allows children to be involved in vocabulary selection



JIT AAC technology

- JIT AAC systems reduce number & complexity of programming steps
 - Allow quick & easy import of photos as VSDs
 - Using onboard camera or cell phone with Bluetooth connection
 - Allow quick & easy addition of hotspots and programming of vocabulary
 - Drawing of hotspots with finger or stylus
 - Recording of digitized speech
 - Provide programming controls easily understood & used by young children

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JIT programming - Playing baby dolls Olivia Selects VSD of bathing doll Requests "DOLL" "BATH" Pretends doll is eating soap Shakes her head & vocalizes laughs Snaps photo of scene as new Nurse VSD Olivia Points to soap then doll's mouth on VSD Nurse Adds hotspot "SOAP" Adds hotspot "EAT" Olivia Shakes her head and laughs Nurse Adds hotspot of Olivia shaking her head "NO" Olivia Selects "EAT SOAP" Selects "NO" "NO" "NO" and 79 laughs

Vocabulary development is part of, not separate from, daily interactions

Programming of concepts occurs on the fly during interactions as the need & interest occurs.

JIT programming - Playing baby dolls

Olivia	Playing dolls; drops doll
Nurse	Makes crying sound; picks up doll & kisses the doll Olivia laughs
Olivia	Points to image of nurse kissing on VSD
Janice	Adds hotspot "KISSING" + sound effect
Olivia	Selects "KISSING" and laughs Points to nurse
Nurse	Kisses doll Olivia laughs
Janice	Writes "k" on display to foster early literacy skills in meaningful context Adds hotspot "k" 80

Increased motor demands

- With increased vocabulary, come increased motor demands
 - Children may not have isolated point with index finger
- Utilizing adaptive strategies
 - Use thumb to select
 - Allows precision
 - Avoids unwanted selections

Development of syntax & morphology Typical development

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- Children develop early semantic relations
 - Continue to expand vocabulary
- Build on this foundation and develop more sophisticated syntax / morphology
 - Able to combine concepts to communicate more complex messages
 - Include functors, morphological endings, structural words





Is there a better way to support the development of advanced language skills?

Supporting the acquisition of advanced language skills

- Children require access to true language system
 - Most logical system is native language
 - Introduce literacy skills
- Literacy skills provide multiple benefits
 - Improved access to education, employment, social interaction, mainstream technology, social media
 - Support for language learning
 - Access to rich vocabulary
 - Visual support for learning syntax and morphology
 - Access to true generative capacity of language





- AAC apps that support the transition to literacy (T2L)
 - Individual selects a picture symbol from AAC display
- Written word appears dynamically
- Written word is spoken by the app
- 2 apps
 - Grid-based T2L app developed by Saltillo (Hershberger)
 - VSD T2L app developed by InvoTek (Jakobs)
 - Incorporated into SnapScene by TobiiDynavox





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Investigating AAC technologies to support transition to literacy

- 6 studies in progress
 - With children & adults with ASD, IDD, CP
 - Using grid-based & VSD T2L apps
- Preliminary results demonstrate positive effect of app on literacy skills for individuals with CCN
 - With minimal exposure to written words

Providing literacy instruction to maximize language development

- Young children with CCN require literacy instruction
 - Start early
 - Use motivating & meaningful materials
 - Target appropriate skills
 - Letter sound correspondences, phonological awareness, decoding/ encoding, sight word recognition, shared reading/ writing, etc.
 - Utilize effective instruction
 - Model, guided practice, independent practice
 - Provide numerous opportunities to apply skills in meaningful contexts
 - Provide adaptations to support participation
 - Alternative response modalities
 - Oral scaffolding support
 - Visual supports

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Use literacy skills to bolster speech, language, & communication

- Use written language to
 - Support speech development
 - Letters as visual supports
 - Letter sound knowledge
 - Support language development
 - Build more complex communication
 - Expand semantic, syntactic, morphological, discourse dev't
 Provide visual support of text; highlight relevant language

- Foster social interaction

• Shared reading, texting, social media, etc

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Outcomes of literacy intervention

- Children with CCN can learn literacy skills
 - 15 participants in larger literacy study (Light & McNaughton)
 - 3 years old to adolescents
 - Wide range of special needs
 - autism, cerebral palsy, developmental apraxia, Down syndrome, multiple disabilities
 - Using various means of communication
 - speech approximations, signs, PECS or other low tech systems, speech generating devices (SGDs), mobile technology and AAC apps
- 100% of participants learned to read
 - Time to acquisition varied across participants
 - Schools & families reported high levels of satisfaction with instruction & outcomes









Conclusions

- We have a growing body of evidence that shows that AAC interventions can have positive effects on communication, language & literacy skills
 - Demonstrates the possible
- We have not yet determined how to optimize AAC interventions
 - Current AAC systems /interventions impose significant learning demands

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 They may constrain the rate & scope of language, literacy, & communication as a result

Research priorities

- Future research is urgently required to
 - Determine visual, cognitive, language & motor processing /development of children with CCN
 - Design & evaluate AAC systems that respond to children's needs across development
 - Are developmentally appropriate
 - Are easy to learn and use
 - Are dynamic
 - Are appealing and fun
 - Provide access to the magic and the power of language and communication

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